**Supporting young people’s emotional wellbeing during the transition to secondary school in regional Australia**

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**Research highlights:**

* An emerging research base has highlighted factors impacting on the emotional and psychological wellbeing of Australian young people transitioning from primary to secondary school.
* Australian data on the outcomes of programs developed to support young people transitioning to high school are limited, and research specific to rural and regional areas of Australia is almost totally lacking.
* This review provides a comprehensive overview of factors influencing the transition to secondary school from the perspectives of young people, their parents and teachers, and may inform development and implementation of interventions specific to the needs of young people in regional and rural communities across Australia.
* There is need for rural educators and researchers to work together to evaluate and report on programs designed to support young people during this challenging period of their education.